

VERONICA NJWABA

4665 Whisper Lake Drive Apt 4
Florissant, Missouri 63033
501-269-8958
veronicanjwaba@yahoo.com

OBJECTIVE: To obtain a position as a Registered Nurse

EDUCATION:

University of Central Arkansas, Conway, AR

Bachelor of Science, Undergraduate Scholar, May 2013

Major: Nursing, Minor: Interdisciplinary studies (Honors)

CURRENT LICENSES:

Missouri Registered Nurse, Date Issued: 05-06-2015

Arkansas Registered Nurse, Date Issued: 01- 17-2014

Licensed Practical Nurse, Date issued: 10-02-2012

WORK EXPERIENCES:

Christian Hospital Northwest- Emergency Dept Staff Nurse

June 2015- Present

- Work with a team of physicians and other health care professionals to quickly assess patients' needs and provide emergent care, which also includes monitoring health conditions, administering medication, dressing wounds, performing minor operations, planning long term care needs, and advise patient and families on illness, care, and continued care after hospital stay

Hidden Lake Care Center- RN Charge Nurse

February 2015- September 2015

Brookside Health and Rehab- RN Weekend Supervisor

July 2014- February 2015

Wound Care Nurse

- Serve as administrative authority for the smooth function of all units on assigned shift. Meets routinely with the Associate Administrator and nurse manager group.
- Perform rounds at least twice each shift to monitor the conditions and care of acutely ill residents/clients. Supervises staff and assures survey compliance on a daily basis. Provides guidance and support to staff to better plan work flow.
- Assure that staffing is in place, works with the staffing schedule and nurse managers to assure that vacancies are filled in advance. Records call-offs and updates schedule. Notifies managers/supervisors of call-offs.
- Direct the day-to-day functions of the nursing staff in accordance with current state, federal and facility rules, regulations, policies and procedures utilizing effective organizational skills. Complies with Controlled Substances policy and procedures in maintaining accurate inventories and controlled logs. Follows appropriate guidelines for investigation of discrepancies.
- Assist in survey compliance, quality assurance and staff development duties, as assigned. Notifies Head Nurse and staff development coordinator of identified learning needs.
- Utilize current physical assessment skills and knowledge of nursing principles to assess and monitor residents according to clinical status and needs and makes appropriate notifications.
- Provide written and/or oral status reports of residents to assure necessary follow-up actions.
- Receive, transcribes, administers and documents medications and treatments as ordered by the physician and utilizing all standards/policies of medication administration.
- Assist LPNs/RNs in completing risk assessments and investigations of injury.
- Monitor residents and take appropriate action for side effects and adverse reactions to medications.
- Monitor and ensures that all treatments are administered as ordered and documented in accordance with policies and procedures.
- Audit charts routinely. Provides clinical expertise in documentation, including Medicare acute illness charting, weekly summaries and care planning.
- Adhere to all infection control policy and procedures.

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- Direct staff response to emergencies, such severe weather, fire or bomb scare. Participates in fire drills. Directs disaster evacuation plan, as needed.
- Receives employee, resident and family grievances and refers information to appropriate supervisor. Counsels personnel, as indicated. Completes appropriate documentation and communicates with Head Nurse.

Hickory Heights Health and Rehab- *Medical Records and Infection Control Coordinator, RN*

March 2014- July 2014

- Prepare clinical record for admission, collect information from nursing staff, physicians, and other sources and update records including, but not limited to, Master Resident Index, Resident Face Sheet, Physician Orders, MDS, and Care Plan and Flow Sheets
- Monitor and audit records for completeness and accuracy in accordance with facility policy and regulation and prepare and submit audit reports to administrator and director of nursing services
- Process and file incoming and outgoing mail including clinical records from physicians, hospitals, agencies, and other health care entities according to policy and regulations
- Process and maintain discharge and transfer records according to policy and regulation
- Responsible for identifying, recording, and maintaining an index of resident diagnostic codes
- Participate in utilization review committee meetings, and attend training sessions, in-service meetings, and other staff meetings as requested
- Responsible for ordering all supplies and maintaining an adequate inventory of forms
- Responsible for following facility fire safety, infection control, and hazardous chemical procedures and for promptly reporting any unsafe conditions or equipment problems
- Responsible for keeping a daily log of infections within the facility, monitor the trend and causes, and re-educate staff on infection prevention through various in-services and one-one nursing education

Hickory Heights Health and Rehab- *Registered Nurse*

- *Licensed Practical Nurse*

January 2014- March 2014

December 2013- January 2014

Chenal Heights Nursing and Rehab- *Licensed Practical Nurse*

September 2013- December 2013

Heritage Living Center, Nursing home- *Licensed Practical Nurse*

November 2012- September 2013

As a Licensed Practical Nurse, I worked under the supervision of a Medical Doctor or Registered Nurse to accomplish the following duties:

- Monitor resident's health condition
- Cater to hygiene needs of the residents
- Assist in resident's medical examination
- Guiding resident's family for patient's aftercare
- Documentation of general health condition and changes on residents under Long term care and/or Short term Medicare stay
- Supervise Certified Nurse's Aides

Conway Regional Medical Center, Ortho/Peds/Med-Surg Dept- *Multi-skilled assistant* **Spring 2011- Spring 2013**

- Perform basic nursing care and personal care activities under the direction of the licensed nurse (taking vital signs, monitoring intake and output, communicating with patients, assisting with admission and discharge, and assisting with hygiene care and nutrition for patients)
- Perform ward clerk activities on the floor (assembling patient's charts, managing calls, and assisting with basic paper work in the department under RN supervision)
- Advocate for patients when their needs are over looked
- Through my pool position, I was able to share my nursing skills with other departments like pediatrics, cardiac step up/down, and medical-surgical

Independent Living Services- *Community skills trainer*

Spring 2011- Spring 2013

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- Provide direct services to people served by ILS (supervises, trains, assists, and supports identified areas of need)
- Help consumer become part of the community by encouraging involvement in various community activities like going to concerts, competitions, and movies
- Help individuals understand and express their rights and responsibilities
- Assist individuals to understand their options and the possible consequences of their options as they relate to their physical and emotional health and well-being
- Provide advocacy when the individual's preferences, needs, or talents are neglected or overlooked

University of Central Arkansas

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|--|-------------------------------|
| ○ Office of Residence life- <i>Resident assistant</i> | Fall 2011- Summer 2012 |
| ○ Academic Success Center - Tutor | Fall 2009- Spring 2011 |
| ○ Minority Student Services- <i>student worker</i> | Fall 2010- spring 2011 |
| ○ Academic Advising Center- <i>student worker</i> | Summer 2010 |

Working as a student worker in several departments at the University of Central Arkansas enabled me to obtain and strengthen several skills which include:

- Engaging in Managing, creating, organizing/planning activities in the departments
- Performing various administrative tasks
- Supervising, counseling, orienting, and tutoring of peers/students

Mercy Services of Health (Washington, DC)

Home Health Aide

Summer 2009

- Assisted clients with activities of daily living including daily medication administration
- Took daily vital signs
- Kept record of clients' daily activities
- Reported client's concerns to the agency

Assistant Administrator

Summer 2009

- Answered and transferred calls
- Assisted with making home health aides' work schedule
- Assisted with payroll activities like making, collecting, filling, and submitting employees' timesheets, recording employees' working hours into the system, and distributing pay checks on payday
- Resolved client vs. aide misunderstandings
- Updated clients' and employees' records weekly

RESEARCH WORKS:

a. In support of increasing awareness of current & accurate research for cord blood donation (Fall 2011, Advisor Mrs. Beatrice Diehl, UCA nurse instructor).

I and four other nursing students during maternity rotation came up with a resolution on different ways the health care industry can increase awareness and education of cord blood donation.

b. Early detection of ICU psychosis using appropriate screening tools at least once every shift (Fall 2012, Advisor Dr. Meaux, UCA nurse instructor)

I and three other nursing students during our nurse research class picked ICU psychosis as a topic or problem of interest that still occurs in today's nursing profession. After reading several literatures, we found that early detection of ICU psychosis with the best screening tools and assessment frequency in an interdisciplinary approach resulted in reducing the problem, early treatment, better patient outcome, and patient satisfaction.

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c. Sponsor a Tanzanian child's education (August 2012- May 2013, Advisor Dr. S. Stroman, UCA nurse instructor)

In fall 2013 I successfully conducted a creative thesis service project whose aim was to increase awareness and support the education of vulnerable children in Tanzania, East Africa. I wrote and presented an honors thesis paper in May 2013.

SKILLS:

- **Computer** – Certified in Microsoft Office (Word, PowerPoint, Excel, One note, Tools), internet browsing.
- **Languages:** English and Swahili (oral and written fluency)

NURSING CLINICAL EXPERIENCE:

Conway Regional Medical Center- Leadership and Management, Spring 2013

University of Arkansas for Medical Sciences- Complex/ Acute health nursing, Fall 2012

Arkansas Children's Hospital- Pediatrics nursing, Spring 2012

St. Vincent Infirmary- Chronic medical surgical nursing, Spring 2012

Baptist Health (Little rock) - Maternity nursing, Fall 2011

Arkansas State hospital and Bridgeway hospital- Psychiatric nursing, Fall 2011

Conway Regional Medical Center- Medical surgical nursing, Spring 2011

Perry County nursing home- Basic nursing skills, Fall 2010

My clinical experiences allowed me to strengthen my:

- Organizational skills
- Time management skills
- Communication skills
- Leadership skills
- Team work skills
- The use of technology and information systems
- Use of evidence based practice

CERTIFICATION, HONORS, & ACTIVITIES:

- **Compassion Nurse Award nominee-** Arkansas State Board of Nursing - Summer 2014
- **Employee Certificate of Appreciation, Conway Regional Medical Center** - for good work and one year commitment- Summer 2012
- **iCARE employee star pin recognition, Conway Regional Medical Center-** Fall 2011
- **Dean's list-** Fall 2008 - Spring 2010
- **Certified Home Health Aide** – Summer 2009
- **Scholarships:**
 - **Honors scholar scholarship recipient-** Spring 2010 to Spring 2013
 - **Grace Phelps Dupree Endowed Scholarship recipient-** Fall 2011 to Spring 2012
 - **Lauretta Koenigseder Nursing Scholarship recipient-** Fall 2011 to Spring 2012
 - **APSEC Scholarship recipient-** Spring 2011
- **Organizations**
 - **Delta Sigma Theta Sorority, Inc-** Spring 2013
 - **UCA Student Nurses Association, member** - Fall 2010 to Spring 2013
 - **UCA Honors College, member-** Fall 2009 to Spring 2013
 - **National Society of Collegiate Scholars, member-** Spring 2009 to Spring 2013

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- **All For Love Tanzania**- founder and program coordinator, Fall 2007 to Spring 2013
- **UCA American Association of Family and Consumer Sciences, member** - Spring 2010 to 2012, Elected Vice President Fall 2010 to Spring 2012
- **UCA Phi Upsilon Omicron, member** - Spring 2010 to Fall 2011, Elected Secretary Fall 2010
- **Volunteer**
 - **Faulkner Country Health Department Annual Flu shot Campaign**- Fall 2012
 - **Arkansas Children's Hospital Pressure Ulcer Prevention (PUP) team** –Fall 2012
 - **Student Nurses Association Mentorship Program, mentor**- Fall 2012 to Spring 2013
 - **Minority Mentorship Program, mentor**- Fall 2010 to Spring 2011 and **Team leader** Fall 2012 to Spring 2013
 - **UCA Honors Ambassador**, Fall 2011 to Spring 2013
 - **UCA Career Services**, Fall 2010 to Spring 2013
 - **Conway Regional Medical Center, Radiology Department**, Spring 2009 to Spring 2011